



DISCOVERING YOUR POINT A

As you embark on this new journey you will need to take stock in a few things.
Fill out the below questions to the best of your ability. You can keep this private so that nobody else will see it.

Where are you now ...

Money:

Financially (money in your bank and wallet): \$ _____

Capital you can put into starting a business: \$ _____

How long can you support this? _____

Time (weekly): (weekly total is 168)

of hours a week you work: _____

of hours getting ready and driving to work: _____

of hours you spend with family: _____

of hours do you spend at school / studying _____

of hours do you spend sleeping _____

of hours do you spend preparing meals / eating _____

of hours doing chores around home _____

of hours working out (include drive to and from) _____

of hours watching TV, gaming, reading, etc. _____

of hours on social media _____

of hours socializing _____

of hours reading emails, etc. _____

of hours _____

of hours _____

of hours _____

Total: _____

Subtract 168 - _____ (your total) = _____

(This is the number of hours you can dedicate to a new venture.)

(You may need to adjust/sacrifice hours from above in order to put more toward your business.)